



# $\Delta$ 9-THC reduces reward-related brain activity in healthy adults

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## Abstract

**Rationale** Greater availability of cannabis in the USA has raised concerns about adverse effects of the drug, including possible amotivational states. Lack of motivation may be assessed by examining acute effects of cannabinoids on reward processing.

**Objectives** This study examined single doses of delta-9-tetrahydrocannabinol ( $\Delta$ 9-THC; 7.5, 15 mg oral) in healthy adults using a version of the monetary incentive delay (MID) task adapted for electroencephalography (EEG; e-MID) in a within-subjects, double blind design.

**Methods** Two phases of reward processing were examined: anticipation, which occurs with presentation of cues that indicate upcoming reward, punishment, or neutral conditions, and outcome, which occurs with feedback indicating hits or misses. During anticipation, we measured two event-related potential (ERP) components: the P300, which measures attention and motivation, and the LPP, which measures affective processing. During outcome processing, we measured P300 and LPP, as well as the RewP, which measures outcome evaluation.

**Results** We found that  $\Delta$ 9-THC modulated outcome processing, but not reward anticipation. Specifically, both doses of  $\Delta$ 9-THC (7.5 and 15 mg) reduced RewP amplitudes after outcome feedback (hits and misses) relative to placebo.  $\Delta$ 9-THC (15 mg) also reduced P300 and LPP amplitudes following hits compared to misses, relative to both placebo and 7.5 mg  $\Delta$ 9-THC.

**Conclusions** These findings suggest that  $\Delta$ 9-THC dampens responses to both reward and loss feedback, which may reflect an “amotivational” state. Future studies are needed to determine generalizability of this effect, such as its pharmacological specificity and its specificity to monetary vs other types of reward.

**Keywords** EEG · Reward ·  $\Delta$ 9-THC · Cannabis

## Introduction

Fueled by the easing of legal restrictions, cannabis use in the USA is rising. For instance, from 2002 to 2019, the percentage of adults who reported using cannabis in the past year increased from 7.0 to 15.2% (U.S. Department of Health and Human Services 2019). The increase in use raises concerns about possible adverse effects of cannabis use, including the development of amotivational states (Lac and Luk 2018;

Petrucci et al. 2020). Amotivation is a psychological condition defined as “a reduction in the motivation to initiate or persist in goal-directed behavior” (Barch and Dowd 2010). This state can be operationalized by assessing behavioral or neural responses to either anticipation or receipt of reward and loss (Lawn et al. 2016; Skumlien et al. 2021). There is some evidence that even single doses of  $\Delta$ 9-tetrahydrocannabinol ( $\Delta$ 9-THC), the principal psychoactive constituent of cannabis, modulate brain responses to receipt of monetary reward (Jansma et al. 2013; van Hell et al. 2012).

In the brain,  $\Delta$ 9-THC is a partial agonist at cannabinoid receptors (CB<sub>1</sub>Rs), which regulate synaptic transmission at several sites including dopamine terminals (Piomelli 2003, 2014). CB<sub>1</sub>Rs are densely expressed in the mesocorticolimbic dopamine circuit, which is involved in motivation and reward (Bloomfield et al. 2019).  $\Delta$ 9-THC is known to affect activity within this circuit, both through indirectly

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facilitating the release of dopamine (Araque et al. 2017; Augustin and Lovinger 2018; Cheer et al. 2007; Wang and Lupica 2014), and through disrupting cortical processes (Cortes-Briones et al. 2015; Kovacs et al. 2012; Radhakrishnan et al. 2015), either of which may dampen the motivational value of rewards (Grabenhorst and Rolls 2011; Grabenhorst et al. 2008; Harvey et al. 2007; Keedwell et al. 2005).

Neural responses to reward are typically assessed using the monetary incentive delay (MID) task (Knutson et al. 2000; Skumlien et al. 2021). The MID can be used to examine brain responses during two temporally distinct stages of reward processing: anticipation of reward and consumption of reward outcomes. One longitudinal study used the MID task with fMRI in chronic cannabis users and found that cannabis users showed blunted responses to anticipation of reward in the nucleus accumbens, as well as other brain regions involved in processing rewards (Martz et al. 2016). Other fMRI studies examined the acute effects of  $\Delta$ 9-THC (8 mg, vaporized) on reward processing (Jansma et al. 2013; van Hell et al. 2012), with mixed results. Specifically, one study found that  $\Delta$ 9-THC attenuated brain responses to feedback (van Hell et al. 2012), while another found no effect of  $\Delta$ 9-THC on feedback responses (Jansma et al. 2013). In contrast to the finding with chronic cannabis users, neither of these studies found an effect of  $\Delta$ 9-THC on brain activity during reward anticipation.

Although fMRI provides critical clues regarding the neural effects of drugs, its relatively low temporal resolution makes it difficult to measure the time course of neural activity, including the brief components of the anticipation and outcome phases of reward processing. In the present study, we leveraged the strong temporal resolution of event-related potential (ERP) methods to assess the acute effects of  $\Delta$ 9-THC in healthy adults on both anticipation of rewards and receipt of rewards, using a version of the MID adapted for EEG (e-MID; Broyd et al. 2012).

The e-MID is a sensitive measure of reward processing assessing the two phases of reward processing: anticipation and outcome (Broyd et al. 2012; Donamayor et al. 2012; Nusslock and Alloy 2017). Cues presented during the anticipation phase evoke the P300 and late-positive potential (LPP) components. The P300 is a robust measure of attention and allocation of attention resources (Gevins and Cuttillo 1993; Novak and Foti 2015; Polich 2007), and it has been associated with both the valence and magnitude of upcoming reward (Wu and Zhou 2009). It occurs approximately 300–450 ms post-cue presentation at central-parietal electrode sites (Nieuwenhuis et al. 2011). The LPP component is a positive potential that provides a measure of sustained affective processing (Groen et al. 2008; von Borries et al. 2013). During the outcome processing phase, stimuli that provide feedback about reward outcomes evoke

the reward-positive potential (RewP) component, followed by P300 and LPP components (Broyd et al. 2012; Glazer et al. 2018). The RewP peaks approximately 250–350 ms at frontocentral electrode sites after favorable feedback and is reduced or absent after unfavorable feedback, therefore providing a measure of outcome evaluation. The RewP is linked to reward-related activity in the mesocorticolimbic circuit (Becker et al. 2014; Carlson et al. 2011; Foti et al. 2014). It has been studied in monetary gambling tasks (Nieuwenhuis et al. 2011; San Martín 2012) and has been associated with amotivation and anhedonia in psychiatric conditions including depression, schizophrenia, and substance use disorders (Lee et al. 2015; Parvaz et al. 2016; Pegg and Kujawa 2020; Proudfit 2015). During outcome feedback, the RewP is followed by the P300, thought to be associated with motivational salience, and the LPP, associated with the affective processing of outcomes (Glazer et al. 2018). During feedback, hits produce a greater increase in the RewP, P300, and LPP than misses, and both hits and misses on reward and punishment conditions produce greater responses than neutral conditions.

Although several studies have examined effects of cannabinoids on ERPs, to our knowledge these have not specifically examined reward-related processes. Acute intravenous, smoked, and oral doses of cannabis or  $\Delta$ 9-THC are known to reduce P300 responses during attention tasks (Bocker et al. 2010; D'Souza et al. 2012; Hart et al. 2010; Roser et al. 2008), which suggest that the drug may also reduce P300 or other components of reward processing.

We used the e-MID to assess RewP, P300, and LPP components during both the anticipation and outcome phases of reward processing after oral doses of  $\Delta$ 9-THC (7.5 and 15 mg) and placebo in healthy male and female infrequent cannabis users. We examined infrequent users, who reported using cannabis less than 20 times in their lives and not during the last month, to minimize variability in responses related to tolerance and desensitization. We chose the oral route administration of  $\Delta$ 9-THC because its effects last for several hours (Wachtel et al. 2002). We hypothesized that  $\Delta$ 9-THC would reduce reward-related neural activity, as measured by EEG, at either phase. We examined two doses of  $\Delta$ 9-THC and assessed RewP, P300, and LPP to examine the effects of the drug on the two phases of reward processing.

## Methods

### Study design

This study used a within subject design in which healthy adults received capsules containing  $\Delta$ 9-THC (7.5 or 15 mg) or placebo (Murray et al. 2022). They participated in three

5-h sessions, in which the drug was administered under double-blind and randomized conditions. EEG recordings were obtained 180 min to 240 min after drug administration, near the expected time of peak subjective and behavioral effects of  $\Delta$ 9-THC.

## Subjects

Participants were healthy male and female adults (12 male, 12 female; aged 18–40) who had used cannabis 1–20 times in their lifetime but had not used the drug in the last 30 days. Individuals reporting recent use were excluded to minimize confounding factors related to repeated  $\Delta$ 9-THC exposure or CB<sub>1</sub>R desensitization (Burston et al. 2010; Wiley et al. 2007). A negative urine test for  $\Delta$ 9-THC was required at each session. Subjects were screened for physical and psychiatric health with a physical examination, electrocardiogram, modified Structural Clinical Interview for DSM-5, and self-reported health and drug-use history. Inclusion criteria were English fluency, right-handedness, at least a high school education, and body mass index of 19 to 26 kg/m<sup>2</sup>. Exclusion criteria included a history of psychosis, severe posttraumatic stress disorder or panic disorder, past-year substance use disorder (except nicotine), pregnant or nursing, working night shifts, and regular medication aside from birth control.

## Orientation session

Prior to experimental sessions, subjects reviewed the protocol, provided informed consent, received pre-session instructions, and practiced study tasks and questionnaires. They were instructed to abstain from alcohol for 24 h and other recreational drugs for at least 2 days before each session. They were permitted to consume their normal amounts of caffeine and nicotine up to 3 h before sessions. During the orientation session, subjects were instructed also to have a normal night's sleep and fast for 12 h before the sessions. To minimize drug-specific expectancies, subjects were told they might receive a placebo, stimulant, sedative, or cannabinoid drug. Subjects provided informed consent during the orientation prior to beginning the study procedures, which were approved by the University of Chicago Institutional Review Board.

## Experimental sessions

Subjects attended three 5-h sessions from 9 am to 2 pm, separated by at least 7 days. A granola bar was provided at arrival as a standardized breakfast. Compliance to drug abstinence was verified by urinalysis (CLIAwaived Instant Drug Test Cup, San Diego, CA) and breath alcohol testing (Alcosensor III, Intoximeters, St. Louis, MO). Female

subjects provided urine samples for pregnancy tests and were tested at any phase of the menstrual cycle. After compliance tests,  $\Delta$ 9-THC (7.5 or 15 mg) or placebo was administered orally under double-blind conditions. Subjects completed ratings of subjective drug effects (e.g., do you feel a drug effect, do you like the drug effect) at regular intervals during the sessions. EEG recordings were obtained from 180 to 240 min after  $\Delta$ 9-THC effects plateau and remain elevated (Wachtel et al. 2002). After EEG recordings, subjects were provided with rideshare service and were discharged.

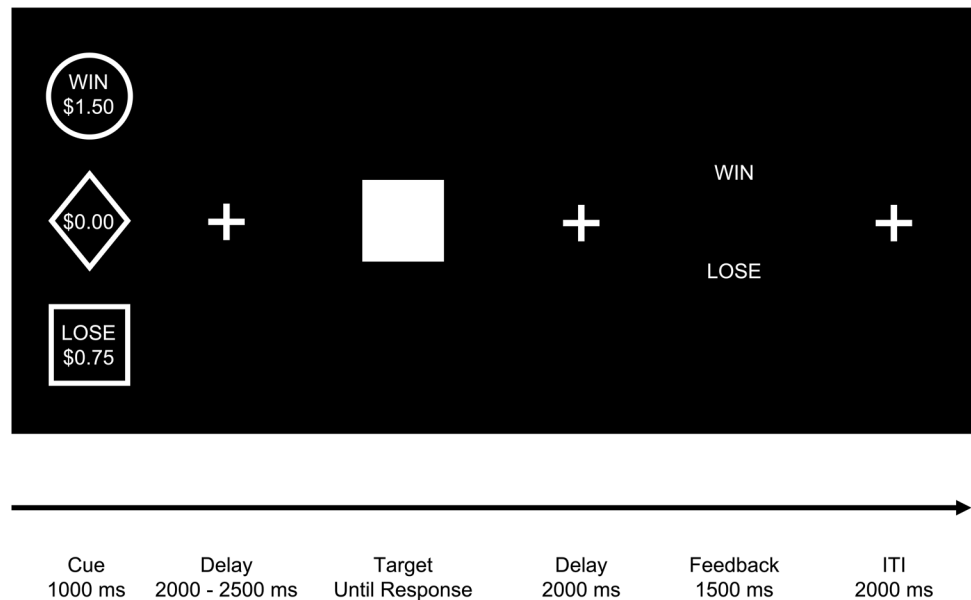
## Drug

$\Delta$ 9-THC (Marinol® [dronabinol]; Solvay Pharmaceuticals; 7.5 mg and 15 mg) was placed in opaque capsules with dextrose filler. Placebo capsules contained only dextrose. These two doses enable assessment of dose–response effects. The 15 mg and 7.5 mg doses reflect the amount of  $\Delta$ 9-THC in one-half and one-quarter of a cannabis cigarette containing 0.2 g of 15%  $\Delta$ 9-THC, respectively. These oral doses of  $\Delta$ 9-THC produce both subjective and behavioral effects (Broyd et al. 2016; Hartman and Huestis 2013; Pabon and de Wit 2019).

## e-MID task

Stimuli were presented using E-Prime software (Psychology Software Tools, Pittsburgh, PA). The task consisted of 150 trials. On each trial (Fig. 1), a fixation cross was displayed for 2000 ms followed by a reward, punishment, or neutral cue for 1000 ms indicating whether participants could win \$1.50, avoid losing \$0.75, or whether no money could be won or lost. Participants were instructed to maximize positive outcomes in all conditions. After each cue, a fixation cross was displayed for a randomly jittered time interval between 2000 and 2500 ms. Then, a white square was presented and participants were required to rapidly make a button press before the square disappeared in order to win, or avoid losing, money. After each response, another fixation cross was displayed for 2000 ms, followed by feedback stimuli indicating outcomes, presented for 1500 ms. All outcomes were delivered as feedback with the words “Win” or “Lose” indicating whether the button press to the white square was sufficiently rapid or not (i.e., a hit or a miss). Hits during reward conditions resulted in a monetary reward of \$1.50 per trial, while misses during punishment conditions resulted in a monetary loss of \$0.75 per trial. All other outcomes resulted in no monetary rewards or losses (i.e., \$0.00). Each block contained 30 trials with 10 instances of each cue stimulus presented randomly without replacement. There were 5 blocks for a total of 150 trials. Unknown to participants, the duration that the white square appeared on the screen dynamically updated throughout the e-MID task

**Fig. 1** Trial progression of the e-MID task. Reward, punishment, or neutral cues were presented in the form of circles encasing “Win \$1.50,” squares encasing “Lose \$0.75,” or diamonds encasing “\$0.00.” Responses to filled circles were made as quickly as possible after a fixation cross was displayed for a randomly jittered time interval between 2000 and 2500 ms. Following another 2000 ms delay, feedback was provided to indicate hits “WIN” or misses “LOSE.” ITI, inter-trial interval



to maintain a task difficulty such that participants successfully hit the target on approximately 50% of the trials, calculated separately for each trial type (Novak and Foti 2015). Supplementary Table 1 shows that the adaptive algorithm indeed resulted in 50% accuracy across the task conditions. Consistent with similar studies, the duration of the white square decreased by 20 ms after hits and increased by 20 ms after misses (Knutson et al. 2000).

## Data acquisition

EEG recordings were collected using a 128 sintered Ag/AgCl active electrodes (ActiveTwo™ system, BioSemi B.V., Amsterdam) placed according to equiradial layout on the head cap. Additional electrodes were placed at reference locations of the mastoids, around the eye to detect eye blinks, and on the chest to detect EKG artifacts (8 peripheral electrodes in total). The analog-to-digital box receiving the electrode leads was battery powered to electrically isolate participants. EEG data were acquired continuously, amplified, and digitized using Biosemi ActiveView software. Digitization of electrode placement reflecting actual head shape was conducted using a Patriot™ Digitizer Stylus (Polhemus Co., Colchester, VT) and Locator software (Source Signal Imaging, Inc., San Diego, CA). The stylus touches each electrode site until registered by the software (5–10 min total). EEG recordings occurred in a sound attenuated room, with the subject sitting comfortably. EEG and EOG signals were processed by voltage-controlled amplifiers and digitized (16 bit/500 Hz sampling rate) for storage and analysis. Data was processed offline based on data stored on computer workstation hard drives.

## EEG preprocessing

All offline processing was performed using EEGLAB (Delorme and Makeig 2004) and ERPLAB (Lopez-Calderon and Luck 2014) in MatLab (The Math Works, Inc.). Raw EEG data were resampled at 250 Hz, re-referenced to the average of the left and right mastoid, and 64 channels were retained consistent with the 10–20 system (Jasper 1958). Next, line noise was subtracted using a sliding window to adaptively estimate sine wave amplitude (Mullen et al. 2012). Two files were then created using a high pass filter for each participant: one with a 0.01 Hz cutoff and another with a 1.0 Hz cutoff used only for independent component analysis (ICA). Next, noisy channels were identified and removed from both files using visual inspection and large scalp artifacts were removed from the 1.0 Hz ICA file using automated artifact rejection that removed continuous data segments if any scalp electrode exceeded a voltage threshold of 500  $\mu$ V. Artifacts were detected in a 500 ms time window that slides across the full continuous data every 250 ms. Next, ICA was performed on the 1.0 Hz filtered file and the resulting ICA weights were applied to the 0.01 Hz filtered file. ICA components corresponding to ocular and muscular artifacts were then removed from the 0.01 Hz filtered file via visual inspection. This file was then low-pass filtered with a 30 Hz cutoff and segmented into epochs from -200 to 1000 ms time-locked to each cue and feedback stimulus onset. Epochs were then baseline corrected using the 200 ms pre-stimulus interval and automated artifact rejection was performed to identify and remove epochs with large data artifacts. Specifically, epochs were removed if any channel exceeded a 100  $\mu$ V threshold in a 200 ms time window that slides across the

entire epoch in steps of 100 ms. An average of 27.69 trials per feedback-condition (SD: 3.24) were retained for analysis after artifact rejection. Finally, single-trial epochs were averaged together separately for each condition resulting in three averaged cue epochs (i.e., reward, punishment, and neutral) and six averaged feedback epochs (i.e., win and lose following each cue).

Following prior research recommending at least 20 averaged trials to accurately measure the RewP (Marco-Pallares et al. 2011), all participants had an average of greater than 20 trials per-feedback condition after artifact rejection and were all therefore retained for analyses. The RewP component was assessed between 250 and 350 ms after outcome feedback and is not associated with reward anticipation after cue presentation. Specifically, the RewP was calculated by the average amplitude in a  $\pm 50$  ms time window where the difference between positive and negative feedback conditions is maximal (Novak and Foti 2015). This difference was largest around  $\sim 300$  ms in our data. The RewP was assessed under the Cz electrode, which was selected for analysis based on where the RewP is maximally positive (Glazer et al. 2018). The P300 component was assessed between 350 and 450 ms after outcome feedback or cue presentation under the POz electrode. The LPP component was assessed between 450 and 800 ms after outcome feedback or cue presentation under the POz electrode. The P300 and LPP components were calculated by the average amplitudes in these time windows. The POz electrode was selected based on where these components are maximally positive (Glazer et al. 2018).

## Statistical analysis

For our analysis of reward anticipation after cue presentation, separate 3 (dose: placebo, 7.5 mg  $\Delta 9$ -THC, and 15 mg  $\Delta 9$ -THC)  $\times$  3 (condition: reward, punishment, and neutral cues) way repeated measures ANOVAs were conducted for P300 and LPP components. For our analysis of outcome processing after feedback, separate 3 (dose: placebo, 7.5 mg  $\Delta 9$ -THC, and 15 mg  $\Delta 9$ -THC)  $\times$  3 (condition: reward, punishment, and neutral cues)  $\times$  2 (outcome: hits or misses) way repeated measures ANOVAs were conducted for RewP, P300, and LPP components. Difference waves (hits minus misses across the reward, punishment, and neutral conditions) were calculated for each dose only during follow-up *t*-tests to explore significant dose  $\times$  outcome interactions. We corrected for multiple comparisons using Fisher's protected *t*-tests, which requires a significant omnibus ANOVA *F* test to proceed to pairwise follow-up comparisons (Cohen et al. 2002).

## Results

### Demographic characteristics

The mean age of participants was 25 (Table 1). Participants reported an average of 5 months since their last cannabis use and 12 total lifetime uses. Participants reported drinking alcohol about once a week, and most reported no lifetime use of stimulants, opiates, classical psychedelics, or MDMA.

### Timing of EEG

Inspection of subjective ratings of drug effects showed that the EEG measures were collected near to the peak and during the plateau of drug effects (Fig. 2).

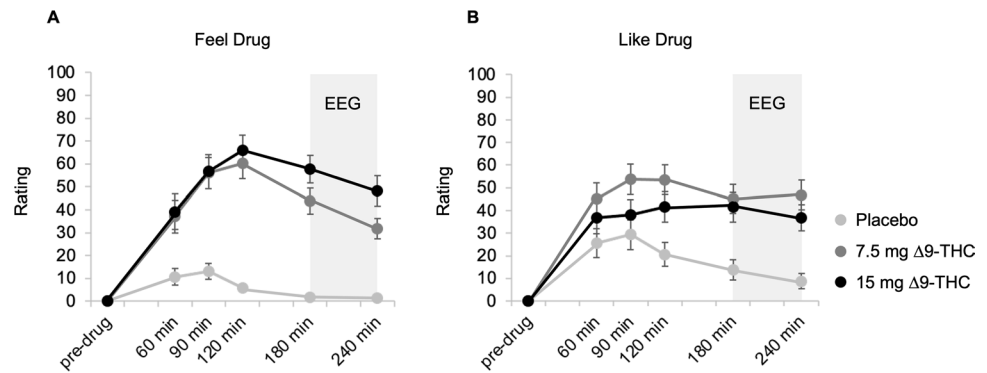
### P300 and LPP in response to cues during reward anticipation

The anticipatory cues produced their expected effects on P300 and LPP, but the drug did not affect either of these. Cue-P300 analyses (Supplementary Fig. 1A) revealed a significant main effect of cue condition ( $F_{2,46} = 25.397$ ,  $p < 0.001$ ,  $\eta_p^2 = 0.525$ ) while no effects of dose emerged. Follow-up *t*-tests revealed increased Cue-P300 amplitudes for reward and punishment cues compared to neutral cues

**Table 1** Demographics and drug use characteristics

Category	<i>n</i> or mean $\pm$ SD (range)
Subjects (male/female)	24 (12/12)
Age, years	25 $\pm$ 6.7 (18–34)
Body mass index, kg/m <sup>2</sup>	23.0 $\pm$ 2.5 (19.5–26.6)
Weight, lbs	151.8 $\pm$ 23.2 (101–185)
Race	
Caucasian	13
African American	1
Asian	1
Other/> 1 race	9
Current drug use	
Cannabis, months since last use	5.3 $\pm$ 7.5 (1–24)
Alcohol, drinks/week ( <i>n</i> = 16)	3.1 $\pm$ 3.3 (0–12)
Alcohol, drinking days/week	1.4 $\pm$ 1.6 (0–6)
Tobacco, times/week ( <i>n</i> = 3)	0.3 $\pm$ 1.0 (0–5)
Caffeine, servings/day ( <i>n</i> = 22)	1.0 $\pm$ 0.9 (0–2)
Total lifetime drug use, nonmedical	
Cannabis ( <i>n</i> = 24)	12.2 $\pm$ 6.7 (1–20)
Classical psychedelic ( <i>n</i> = 8)	0.8 $\pm$ 1.6 (0–6)
MDMA ( <i>n</i> = 1)	0.2 $\pm$ 0.6 (0–2)
Stimulant ( <i>n</i> = 4)	0.4 $\pm$ 1.1 (0–5)
Opiate ( <i>n</i> = 0)	0

**Fig. 2** Time course of subjective drug effects. Ratings indicate magnitude of feeling a drug effect (A) and liking a drug effect (B); gray shaded region indicates period of EEG assessments

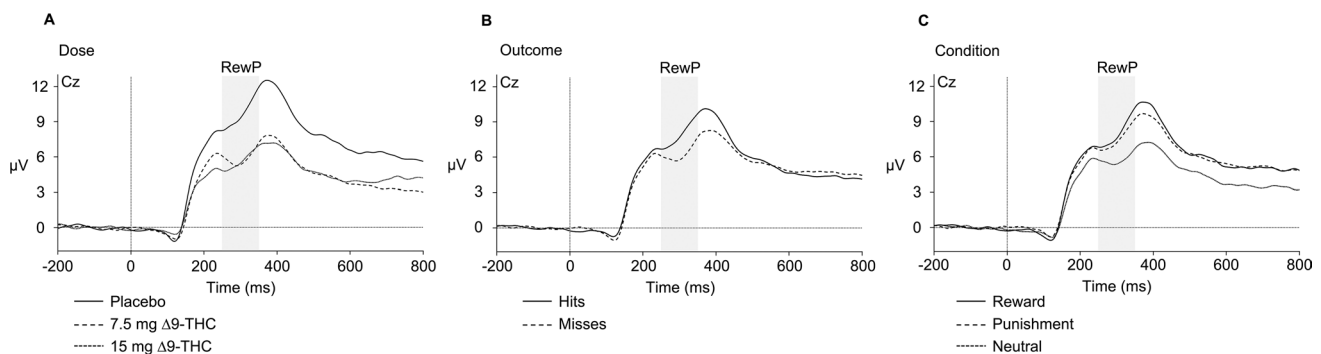


( $t_{23} = 5.905$ ,  $p < 0.001$  and  $t_{23} = 7.059$ ,  $p < 0.001$ ). Cue-P300 amplitudes for reward and punishment cues did not significantly differ ( $p = 0.355$ ). Cue-LPP analyses (Supplementary Fig. 1B) revealed a significant main effect of condition ( $F_{2,46} = 9.552$ ,  $p < 0.001$ ,  $\eta_p^2 = 0.293$ ) while no effects of dose emerged. Follow-up  $t$ -tests revealed increased Cue-LPP amplitudes for reward cues compared to punishment ( $t_{23} = 2.606$ ,  $p = 0.016$ ) and neutral cues ( $t_{23} = 3.994$ ,  $p = 0.001$ ). Cue-LPP amplitudes for punishment and neutral cues did not significantly differ ( $p = 0.069$ ). Individual conditions for each of the nine responses during reward anticipation are also shown (Supplementary Fig. 1C).

### RewP in response to feedback on monetary outcomes

During outcomes, feedback stimuli produced their expected effects on the RewP and both doses of  $\Delta 9$ -THC reduced RewP amplitudes, whether hits or misses. RewP analyses (Fig. 3) revealed a significant main effect of dose ( $F_{2,46} = 6.463$ ,  $p = 0.003$ ,  $\eta_p^2 = 0.219$ ), main effect

of outcome ( $F_{1,23} = 15.855$ ,  $p = 0.001$ ,  $\eta_p^2 = 0.408$ ), and main effect of cue condition also emerged ( $F_{1,23} = 16.830$ ,  $p < 0.001$ ,  $\eta_p^2 = 0.423$ ). None of the interactions reached statistical significance. Follow-up  $t$ -tests on the main effect of dose showed that RewP amplitudes were reduced for both 7.5 ( $t_{23} = -2.988$ ,  $p = 0.007$ ) and 15 mg  $\Delta 9$ -THC ( $t_{23} = -3.211$ ,  $p = 0.004$ ) relative to placebo, while the two  $\Delta 9$ -THC doses did not significantly differ ( $p = 0.879$ ). Follow-up  $t$ -tests on the main effect of outcome showed increased RewP amplitudes for hits compared to misses ( $t_{23} = 3.982$ ,  $p = 0.001$ ), while follow-up tests on the main effect of cue condition showed increased RewP amplitudes for reward and punishment feedback over neutral feedback ( $t_{23} = 4.692$ ,  $p < 0.001$  and  $t_{23} = 4.170$ ,  $p < 0.001$ ) while reward and punishment feedback did not significantly differ ( $p = 0.120$ ). No other significant effects were observed. Thus, both doses of  $\Delta 9$ -THC reduced the evaluation of monetary outcomes, whether hits or misses. Traces for RewP responses separated across doses, cue conditions, and outcomes are provided in supplemental (Supplementary Fig. 2).



**Fig. 3** RewP components in response to feedback (outcomes) in the e-MID task. **A** RewP amplitudes as a function of dose (placebo, 7.5, 15 mg  $\Delta 9$ -THC; oral) (repeated-measures ANOVA,  $p < 0.01$ ,  $n = 24$ ). **B** RewP amplitudes as a function of positive (hits) or negative (misses) feedback (repeated-measures ANOVA,  $p < 0.01$ ,  $n = 24$ ).

**C** RewP amplitudes as a function of cue condition presented at the start of each trial (reward, punishment, neutral) (repeated-measures ANOVA,  $p < 0.001$ ,  $n = 24$ ). Shaded region indicates window of analysis (250–350 ms post-stimulus)

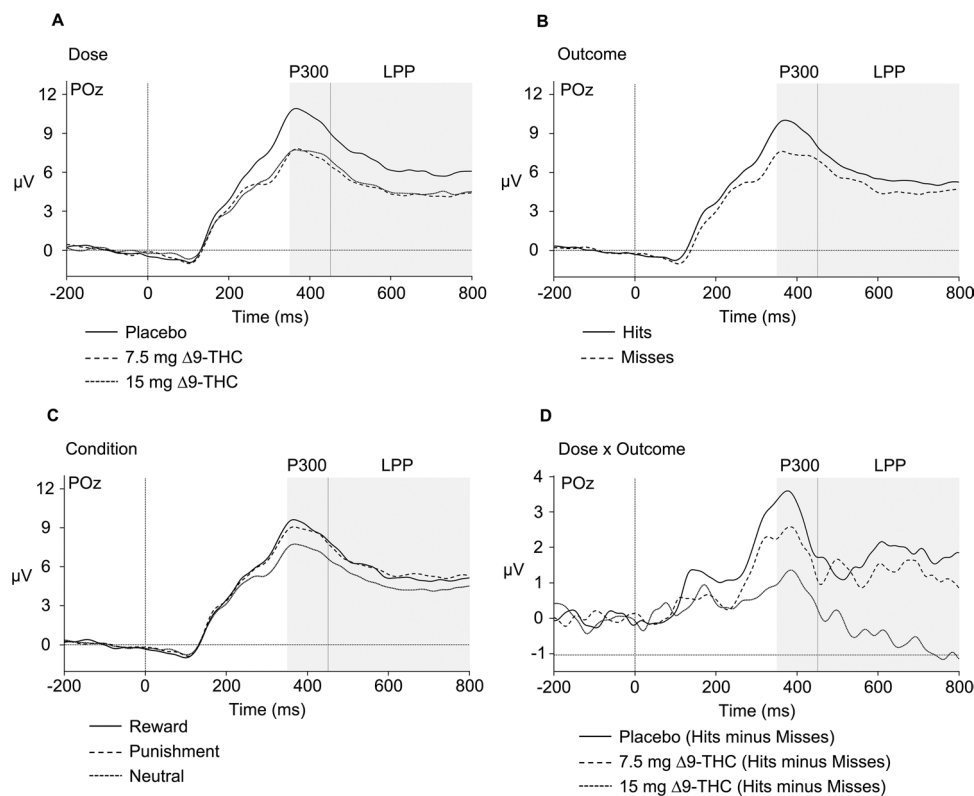
## P300 in response to feedback on monetary outcomes

During outcomes, feedback stimuli produced their expected effects on the P300, and 15 mg  $\Delta 9$ -THC reduced P300 amplitudes of hits compared to misses, relative to the 7.5 mg and placebo doses. P300 analyses (Fig. 4) revealed a significant dose  $\times$  outcome interaction on the P300 ( $F_{2,46} = 6.459$ ,  $p = 0.004$ ,  $\eta_p^2 = 0.219$ ). To examine this interaction, hits minus misses difference waves were calculated separately for placebo, 7.5, and 15 mg  $\Delta 9$ -THC. Follow-up  $t$ -tests revealed that 15 mg  $\Delta 9$ -THC significantly reduced the P300 difference wave relative to both placebo and 7.5 mg  $\Delta 9$ -THC ( $t_{23} = 3.291$ ,  $p = 0.003$  and  $t_{23} = 2.172$ ,  $p = 0.040$ ), while placebo and 7.5 mg  $\Delta 9$ -THC did not significantly differ ( $p = 0.133$ ). P300 analyses did not reveal a main effect of dose; however, main effects of outcome ( $F_{1,23} = 26.934$ ,  $p < 0.001$ ,  $\eta_p^2 = 0.539$ ) and cue condition were found ( $F_{1,23} = 10.156$ ,  $p = 0.001$ ,  $\eta_p^2 = 0.306$ ). Follow-up  $t$ -tests on outcome revealed increased P300 amplitudes for hits compared to misses ( $t_{23} = 5.190$ ,  $p = 0.001$ ). On cue

condition, follow-up tests showed increased P300 amplitudes for reward and punishment feedback compared to neutral feedback ( $t_{23} = 4.041$ ,  $p = 0.001$  and  $t_{23} = 3.010$ ,  $p = 0.006$ ). Reward and punishment feedback did not significantly differ ( $p = 0.295$ ). Here, 15 mg  $\Delta 9$ -THC reduced the motivational salience of hits compared to misses, relative to the 7.5 mg and placebo doses. Traces for P300 responses separated across doses, cue conditions, and outcomes are provided in supplemental (Supplementary Fig. 3).

## LPP in response to feedback on monetary outcomes

During outcomes, feedback stimuli produced their expected effects on the LPP and 15 mg  $\Delta 9$ -THC reduced LPP amplitudes of hits compared to misses, relative to the 7.5 mg and placebo doses. LPP analyses (Fig. 4) revealed that a significant dose  $\times$  outcome interaction ( $F_{2,46} = 6.559$ ,  $p = 0.008$ ,  $\eta_p^2 = 0.222$ ) also emerged. Once again, to examine the interaction, hits minus misses difference waves were calculated separately for placebo, 7.5, and 15 mg  $\Delta 9$ -THC. Follow-up  $t$ -tests revealed 15 mg  $\Delta 9$ -THC significantly reduced the



**Fig. 4** P300 and LPP components in response to feedback (outcomes) in the e-MID task. **A** P300 and LPP amplitudes as a function of dose (placebo, 7.5, 15 mg  $\Delta 9$ -THC; oral) (n.s.,  $n = 24$ ). **B** P300 and LPP amplitudes as a function of positive (hits) or negative (misses) feedback (repeated-measures ANOVA, P300,  $p < 0.001$ ; LPP n.s.,  $n = 24$ ). **C** P300 and LPP amplitudes as a function of cue condition presented at the start of each trial (reward, punishment, neutral) (repeated-meas-

ures ANOVA; P300,  $p < 0.01$ ; LPP,  $p < 0.05$ ,  $n = 24$ ). **D** Hits minus misses difference waves for each dose (placebo, 7.5, 15 mg  $\Delta 9$ -THC; oral) ( $t$ -tests, P300, 15 mg  $p < 0.01$  vs placebo, 7.5 mg  $p < 0.05$  vs placebo; LPP, 15 mg  $p < 0.01$  vs placebo, 7.5 mg  $p < 0.05$  vs placebo,  $n = 24$ ). Shaded regions indicate windows of analyses (350–450 ms post-stimulus, P300; 450–800 ms post-stimulus, LPP)

LPP difference wave relative to both placebo and 7.5 mg  $\Delta 9$ -THC ( $t_{23} = 3.892$ ,  $p = 0.001$  and  $t_{23} = 2.194$ ,  $p = 0.039$ ), while placebo and 7.5 mg  $\Delta 9$ -THC did not significantly differ ( $p = 0.430$ ). LPP analyses did not reveal a main effect of dose and resulted in a marginal main effect of outcome ( $p = 0.053$ ). However, we found a main effect of cue condition ( $F_{1,23} = 15.855$ ,  $p = 0.001$ ,  $\eta_p^2 = 0.408$ ). Follow-up  $t$ -tests on the main effect of cue condition revealed increased LPP amplitude for reward and punishment feedback compared to neutral feedback ( $t_{23} = 2.179$ ,  $p = 0.040$  and  $t_{23} = 2.585$ ,  $p = 0.017$ ), while reward and punishment feedback did not significantly differ ( $p = 0.712$ ). Here, 15 mg  $\Delta 9$ -THC reduced the affective impact of hits compared to misses, relative to the 7.5 mg and placebo doses. Traces for LPP responses separated across doses, cue conditions, and outcomes are provided in supplemental (Supplementary Fig. 3).

### Task performance

We assessed both reaction time and accuracy of hits and misses (Supplementary Fig. 4).  $\Delta 9$ -THC, cue condition, and outcomes produced their anticipated effects on reaction times, with a significant dose  $\times$  condition  $\times$  outcome interaction ( $F_{1,23} = 8.539$ ,  $p = 0.008$ ,  $\eta_p^2 = 0.271$ ), and significant main effects of dose ( $F_{1,23} = 10.200$ ,  $p = 0.004$ ,  $\eta_p^2 = 0.307$ ), condition ( $F_{1,23} = 17.925$ ,  $p < 0.001$ ,  $\eta_p^2 = 0.438$ ), and outcome ( $F_{1,23} = 117.352$ ,  $p < 0.001$ ,  $\eta_p^2 = 0.836$ ).  $\Delta 9$ -THC dose-dependently slowed reaction times. Reaction times were also slower after punishment and neutral cue conditions relative to reward, and after misses relative to hits. Thus, fastest reaction times were found during hits with rewarding conditions after placebo. We confirmed that subjects responded on the e-MID with  $\sim 50\%$  accuracy, which is consistent with the algorithm used by the e-MID task (Supplementary Table 1).

### Discussion

Our goal was to examine whether moderate (7.5 mg) or higher (15 mg) doses of oral  $\Delta 9$ -THC affect the neurophysiological processing of monetary rewards and losses using the e-MID, during either anticipation of rewards or receipt of rewards. We examined three ERP components of reward processing: the RewP, P300, and LPP in response to stimuli that signaled either anticipation or receipt of reward. The drug did not significantly affect P300 and LPP amplitudes during anticipation of monetary outcomes. However, P300 and LPP amplitudes were reduced during feedback on hits compared to misses after the 15 mg dose relative to placebo, and both doses of  $\Delta 9$ -THC reduced RewP amplitudes to feedback on hits and misses relative to placebo. This pattern of findings suggests that  $\Delta 9$ -THC reduced reward-related

brain activity, characterized by a decrease in the evaluation of monetary outcomes and a reduction in the motivational salience and the affective impact of rewarding hits compared to misses.

Our main finding was that  $\Delta 9$ -THC reduced components of reward processing during outcomes of reward and loss. Specifically,  $\Delta 9$ -THC reduced the evaluation (RewP) of outcomes, whether hits or misses, while blunting the motivational salience (P300) and affective impact (LPP) of hits compared to misses. Our findings corroborate and extend prior work investigating the role of  $\Delta 9$ -THC on reward processing. The findings are consistent with one study using fMRI-MID, in which  $\Delta 9$ -THC (8 mg, vaporized) reduced neural responses during the receipt of monetary rewards but did not affect reward anticipation (van Hell et al. 2012). These authors found that  $\Delta 9$ -THC blunted activation of the right superior frontal gyrus in response to reward outcomes (van Hell et al. 2012). The right superior frontal gyrus is rich in CB<sub>1</sub>R expression (Choi et al. 2012; Long et al. 2012) and has been associated with reward evaluation and allocation of attentional resources (Wallis and Kennerley 2010). Our findings are also consistent with two reports that  $\Delta 9$ -THC reduced the likelihood of high-effort choices in the Effort Expenditure for Rewards task (Lawn et al. 2016). One study used 8 mg vaporized  $\Delta 9$ -THC and the other used 7.5 and 15 mg oral  $\Delta 9$ -THC. Using other indices of “reward,” one study showed that  $\Delta 9$ -THC (8 mg vaporized) dampened responses to music, as indicated by reduced fMRI signals in brain regions sensitive to emotion and reward (Freeman et al. 2018). The present findings may also be compared to reports of reduced dopamine function in the striatum in cannabis users, relative to non-users (Bloomfield et al. 2014). In the Bloomfield study, the reductions in dopamine function were correlated with subjective apathy, perhaps an after-effect of repeated exposure to cannabis.

The advantage of ERP studies is the high temporal resolution that can decompose the precise time course of reward processing. Our results revealed that  $\Delta 9$ -THC reduced ERP amplitudes across three temporally distinct components of reward consumption that reflect separate psychological processes and covary with unique neuroanatomical correlates (Glazer et al. 2018): the drug reduced the evaluation (RewP), motivational salience (P300), and affective impact (LPP) of outcome feedback. First,  $\Delta 9$ -THC decreased RewP amplitudes for both reward and loss outcomes during feedback evaluation. Reduced RewP amplitudes during feedback evaluation have been linked to attenuated reinforcement learning signals in the basal ganglia and anterior cingulate cortex (Foti et al. 2011; Ruchow et al. 2002), such as prediction error encoding (Glazer and Nusslock 2021), suggesting that  $\Delta 9$ -THC may disrupt these learning signals from both rewards and losses. Second,  $\Delta 9$ -THC also blunted P300 and LPP amplitudes for reward compared to loss feedback



during the motivational salience and affective impact stages. Reduced P300 amplitudes have been linked to decreased motivated attention and working memory updating in the hippocampus (Paller and Kutas 1992), and reduced LPP amplitudes have been linked to decreased emotional processing in the amygdala (Bradley et al. 2003). P300 elicited by feedback in our task may reflect additional processes, including valence (Glazer et al. 2018). Future work will need to manipulate feedback information to further tease apart these processes. Our results suggest that  $\Delta 9$ -THC may reduce the encoding of rewards compared to losses in working memory and subsequently blunt the associated emotional impact. These results are consistent with the idea that  $\Delta 9$ -THC may induce “amotivational” states through its effects on neural systems during reward feedback processing.

What cellular and synaptic mechanisms may be involved in  $\Delta 9$ -THC’s blunted response to monetary rewards?  $CB_1$ Rs are abundant and widespread in the brain to regulate and inhibit the release of several neurotransmitters (Piomelli 2003, 2014). The endocannabinoid system is involved in both the anticipatory “wanting” and consummatory “liking” phases of reward processing (Solinas et al. 2008), which are thought to be mediated primarily by dopamine and opioid signaling, respectively (Treadway and Zald 2011). Although  $CB_1$ Rs are not expressed on dopaminergic axon terminals, they are densely expressed in midbrain nuclei that house dopaminergic cell bodies (Bloomfield et al. 2019). Within these nuclei,  $CB_1$ Rs are predominately expressed on GABAergic inhibitory interneurons surrounding dopamine cells (Tsou et al. 1998). When activated by endogenous ligands or  $\Delta 9$ -THC, these  $CB_1$ Rs reduce GABA release, which disinhibits dopamine cell activity and facilitates dopaminergic signaling throughout the mesostriatal and mesocorticolimbic pathways of the brain to enhance “wanting” behaviors (Araque et al. 2017; Augustin and Lovinger 2018; Cheer et al. 2007; Wang and Lupica 2014). Endocannabinoids have also been shown to drive endogenous opioid-dependent “liking” in the striatum. These dual roles of cannabinoid signaling in both “wanting” and “liking” might suggest that  $\Delta 9$ -THC would increase EEG responses to both reward anticipation, or outcome, just as amphetamine does (Cavanagh et al. 2022). However, both the current EEG study and a prior fMRI study (van Hell et al. 2012) found that  $\Delta 9$ -THC blunted responses specifically in the consummatory, outcome phase. It is possible that  $\Delta 9$ -THC interferes with the cognitive demands of outcome processing, including evaluation and the recruitment of working memory, which are not required by anticipatory processing (Grabenhorst and Rolls 2011; Grabenhorst et al. 2008). This is consistent with widely reported cognitive impairments induced  $\Delta 9$ -THC, which are mediated by the disruption of coordinated firing patterns of cortical neurons, and are associated with reduced ERP amplitudes during cognitive

tasks (Cortes-Briones et al. 2015; Kovacs et al. 2012; Radhakrishnan et al. 2015). Future research is needed to test this prediction.

Our study includes both strengths and limitations. Strengths included the sample size of 24, inclusion of both men and women, and the within-subject, double blind design with two doses of  $\Delta 9$ -THC and a placebo. The study used a validated reward task and a sensitive measure of neural response, which yielded the expected patterns of response (Broyd et al. 2012). Limitations of the study include the use of  $\Delta 9$ -THC rather than cannabis plant, limiting conclusions that can be drawn about real-world use of cannabis. However,  $\Delta 9$ -THC is widely recognized to be the primary active component of cannabis, and the doses can be readily controlled. Further, it is not known whether the effects of  $\Delta 9$ -THC reported here are generalizable to more heterogeneous subject samples, such as those with some psychiatric symptomatology, or older or younger than those tested here, or to higher doses of the drug.

Together, our findings indicate that  $\Delta 9$ -THC reduces the evaluation of outcomes and blunts the motivational salience and affective impact of reward, without affecting the anticipatory response. These data inform the effects of acute  $\Delta 9$ -THC on reward processing and amotivational states. Many questions remain. For example, what is the pharmacological specificity of the  $\Delta 9$ -THC effects, and would similar effects be observed with drugs that produce similar, sedative-like effects? To what extent are the effects of  $\Delta 9$ -THC similar to the effects of whole-plant cannabis, perhaps due to “entourage” effects? Are the effects reported here similar in more heterogeneous samples, including those with psychiatric symptoms? Future pharmaco-EEG studies will reveal how repeated cannabis use affects measures of reward processing obtained with the MID and other reward tasks, in a wide spectrum of individuals.

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